



Preparing our Children for Tomorrow's Headlines

Brought to you by Parenting Continuum

A workshop for parents and guardians of Elementary to Middle School children
Free- Thanks to your One Community LG donations

NEW Date: Tuesday, Dec 15th 2020

Time: 6:30pm-8:00pm

Where: On-line (See zoom link below)



A global pandemic, wildfires, political elections, and school re-opening are just a few hot topics in the headlines today. Hearing and engaging in the conversations around these things can have us all feeling a little anxious. Are you prepared to effectively talk with your family about these current news events?

Parenting Continuum is hosting a 90-minute workshop with Common Sense Education and Project Cornerstone on tips and techniques to prepare our children for tomorrow's headlines. You will leave this highly interactive session with:

- Strategies for better communication with your family using the research-based Developmental Assets framework to help children and teens gain skills needed to make good choices, take responsibility and become independent and fulfilled adults

For more information on the Developmental Assets framework, go to:

<https://www.ymcasv.org/ymca-project-cornerstone/developmental-assets>

- Tips and techniques for navigating potentially sensitive topics with elementary and middle school children in a complex media environment

- Greater confidence as a parent or guardian to acquire healthy mind habits and digital citizenship- how to use technology in a safe, responsible and effective way

Come to this session to ready yourself as a parent/guardian, improve your family relationships & dynamics, and help create a calm and supportive home environment where children can become their best.

Register for this on-line zoom event now using this link:

<https://tinyurl.com/y6jn3f9d>

www.parentingcontinuum.org

